



GSWC Contemporary Women of North County

Upcoming events:

- **August 2nd:** Enjoy lunch or dinner at [O's American Kitchen](#) in San Marcos and help raise funds for [Canine Companions for Independence](#)! Be sure to bring one of the flyers, and CCI will receive 20% of your bill.
- **August 3rd:** San Marcos is holding their annual Mix & Mingle Summer Bash - an opportunity for CWONC to show our support for the city! Volunteers will serve beer and wine while enjoying "Band Diego" performing surf music. Contact [Marianne Furtado](#).
- **August 10th:** It's Graduation Day for puppy Shea at [Canine Companions for Independence](#), at the QLN Conference Center (1938 Avenida del Oro, Oceanside.) CWONC members will be providing baked goodies for 400 to 500 people attending the event. Contact [Kathleen King](#) for more info. If you would like to attend the graduation, plan to arrive by 11:30 – 11:45 am (they're expecting a crowd.) Please don't bring any pets, and please resist the urge to pet the service dogs!
- **August 13th:** *Don't forget: No CWONC meeting in August.* See you in September!
- **Aug 21st:** Game Night at [Claudia](#)'s house! Contact [Pam Irwin](#) for more info.
- **August 25th:** Join fellow members and guests for a [Bayside Summer Nights](#) concert. Groove to the Motown hits of The Temptations and the Four Tops! Enjoy the fireworks and share a picnic with fellow members, family, & friends. Members are to purchase their own lawn seating tickets before they sell out! Contact [Diane Modjeski](#) for more information.
- **Sept 5th:** CWONC volunteers will be serving dinner at [Solutions for Change](#), to help transform the lives of the homeless. Contact [Rebecca Buchen](#) if you'd like to help!
- **Sept 22nd:** Sew-In at the San Marcos Senior Center from 9 am to noon! Volunteers will be making aprons for the [North County Food Bank](#) and placemats for [Meals on Wheels](#). Contact [Kathy Michaels](#) or [Marianne Furtado](#) to sign up.

On-going projects:

- **Mt. Shadows Support Group:** 1st Sunday of the month, volunteers offer companionship to disabled residents at the Escondido site. Contact [Kathleen King](#) to sign up.
- **Regular CWONC meeting** is at 6:30 pm on the 2nd Monday of the month (except August) at the San Marcos Senior Center. Contact [Marianne Furtado](#) with questions or requests to be placed on the agenda.
- **Twisted Stitchers** meet at the San Marcos Library Conference Room from 1:00 to 3:00 pm on the 2nd Thursday of the month. Contact [Madeline Condon](#).
- **Daytime Book Club** meets at 11:00 am on the 3rd Monday of the month. Contact [Marianne Valencia](#) if you'd like to join in!
- **Game Night** is at 6:30 pm on the 3rd Tuesdays on 'even' months. Contact [Pam Irwin](#).
- **Bunco Group** meets at 6:30 pm on the 3rd Wednesday on 'odd' months. Contact [Pam Irwin](#).
- **Evening Book Club** meets at 5:00 pm on the 4th Tuesday of the month. Contact [Gina Ensalaco](#).
- **Sew-In** is held at the San Marcos Senior Center from 9:00 am to 12:30 pm on the 4th Saturday of March, June, and September. Contact [Kathy Michaels](#) or [Marianne Furtado](#).
- **Movie Group** meets the last Wednesday of the month. Contact [Marianne Valencia](#).
- If you'd like to attend the next **Market & Munch**, please contact [Pam Irwin](#).

Miscellaneous:

- If you know of a member who is ill or going through a difficult time, please notify [Barbara Douglas](#).
- Please sign up through [AmazonSmile](#) and designate GFWC Contemporary Women of North County to receive a percentage of your purchases. Every little bit helps!
- Save your receipts from [Major Market](#) (arguably, the best grocery store in Escondido!) Turn in your receipts to [Pam Irwin](#), and CWONC receives 1% of total purchases.
- Be sure to save all your aluminum cans and plastic bottles (*with CRV*) to donate for [Ronald McDonald House](#). Bring them to our regular meetings and give to [Kathy Michaels](#).
- To access the 'members only' section on our website [cwonc.org](#), contact [Marianne Furtado](#) for the password. To add information or photos to our website, contact our webmaster [Kathy Michaels](#).
- We have two different **Facebook** accounts: [This](#) is our public account for all to see. We also have a [private account](#) that is for member access only.
- For information on how to use Evite for CWONC invitations, contact [Marianne Valencia](#).
- If you have an idea for a service project for CWONC, please contact [Claudia Giardina](#).
- If you have an idea for a fundraising project, please contact [Jean Smithers](#).
- If you have an idea for a fun/social outing, please contact [Barbara Douglas](#).